

DAFTAR PUSTAKA

- Ameilia Putri, M., Citrawati, M., & Valentina Astari, R. (2021b). Hubungan Postur tubuh dan lama berdiri dengan kejadian low back pain pada pekerja di cikarang. *Media Kartika Jurnal Kedokteran Dan Kesehatan*, 4(4), 331–341. <https://doi.org/http://dx.doi.org/10.35990/mk.v4n4.p331-342>
- Andini, F. (2015). Risk Factors of Low Back Pain in workers. *J MAJORITY*, 4(1), 12.
- Anggraini, K. (2019). *Hubungan karakteristik individu, kerja lama, dan duduk terhadap keluhan low back pain pada karyawan PT Altus Logistics services Indonesia di masa pandemi COVID-19*.
- Australian Commission Safety Quality Health Care. (2022). *Low Back Pain Clinical Care Standard*. Australian Commission on Safety & Quality in Health Care.
- Bjelkarøy, M. T., Benth, J. Š., Simonsen, T. B., Siddiqui, T. G., Cheng, S., Kristoffersen, E. S., & Lundqvist, C. (2023). Measuring pain intensity in older adults. Can the visual analogue scale and the numeric rating scale be used interchangeably. *Progress in Neuro-Psychopharmacology and Biological Psychiatry*, 130, 110925. <https://doi.org/10.1016/j.pnpbp.2023.110925>
- Bridger. (2018). *Introduction to Human Factors and Ergonomics* (Fourth). CRC Press Taylor & Francis Group.
- Bull, E., & Archard, G. (2007). *Simple guide back pain* (J. Surapsari, Ed.). Erlangga.
- Cieza, A., Causey, K., Kamenov, K., Hanson, S. W., Chatterji, S., & Vos, T. (2020). Global estimates of the need for rehabilitation based on the Global Burden of Disease study 2019: a systematic analysis for the Global Burden of Disease Study 2019. *The Lancet*, 396(10267), 2006–2017. [https://doi.org/10.1016/S0140-6736\(20\)32340-0](https://doi.org/10.1016/S0140-6736(20)32340-0)
- De Beeck, R. Op., Hermans, Veerle., & European Agency for Safety and Health at Work. (2000). *Research on work-related low back disorders*. Institute for Occupational Safety and Health.
- Fairbank, J. C. T., & Pynsent, P. B. (2020). The Oswestry Disability Index. In *Number* (Vol. 25). <https://doi.org/https://doi.org/10.1097/00007632-200012150-00006>
- Ferreira, M. L., De Luca, K., Haile, L. M., Steinmetz, J. D., Culbreth, G. T., Cross, M., Kopec, J. A., Ferreira, P. H., Blyth, F. M., Buchbinder, R., Hartvigsen, J., Wu, A. M., Safiri, S., Woolf, A. D., Collins, G. S., Ong, K. L., Vollset, S. E., Smith, A. E., Cruz, J. A., ... March, L. M. (2023). Global, regional, and national burden of low back pain, 1990–2020, its attributable risk factors, and projections to 2050: a systematic analysis of the Global Burden of Disease Study 2021. *The Lancet Rheumatology*, 5(6), e316–e329. [https://doi.org/10.1016/S2665-9913\(23\)00098-X](https://doi.org/10.1016/S2665-9913(23)00098-X)
- Fritz, J. M., & Irrgang, J. J. (2001). A Comparison of a Modified Oswestry Low Back Pain Disability Questionnaire and the Quebec Back Pain Disability Scale. *Physical Therapy*, 81(2), 776–788. <http://jcore-reference.highwire.org/content/81/2/776>
- Haldeman, Scott., Kirkaldy-Willis, W. H., & Bernard, T. N. (2002). *An atlas of back pain*. Parthenon Pub. Group.
- Handoko, H. (2014). *Manajemen Personalia & Sumberdaya Manusia*. BPFE Yogyakarta.
- Hartvigsen, J., Hancock, M. J., Kongsted, A., Louw, Q., Ferreira, M. L., Genevay, S., Hoy, D., Karppinen, J., Pransky, G., Sieper, J., Smeets, R. J., Underwood, M., Buchbinder, R., Hartvigsen, J., Cherkin, D.,

- Foster, N. E., Maher, C. G., Underwood, M., van Tulder, M., ... Woolf, A. (2018). What low back pain is and why we need to pay attention. *The Lancet*, 391(10137), 2356–2367. [https://doi.org/https://doi.org/10.1016/S0140-6736\(18\)30480-X](https://doi.org/https://doi.org/10.1016/S0140-6736(18)30480-X)
- Hutabarat, J. (2017). *Dasar Dasar Pengetahuan Ergonomi* (1st ed.). Media Nusa Creative.
- Jenks, A., Hoekstra, T., van Tulder, M., Ostelo, R. W., Rubinstein, S. M., & Chiarotto, A. (2022). Roland-Morris Disability Questionnaire, Oswestry Disability Index, and Quebec Back Pain Disability Scale: Which Has Superior Measurement Properties in Older Adults With Low Back Pain? *Journal of Orthopaedic and Sports Physical Therapy*, 52(7), 457–469. <https://doi.org/10.2519/jospt.2022.10802>
- Kurniawati, N., Syakib, A., Mustikasari, N., & Maratis, J. (2023). Pengaruh Koreksi Postur terhadap Penurunan Nyeri Pingang Bawah pada mahasiswa Sebagai Dampak Kegiatan Pembelajaran Secara Virtual. In *Jurnal Fisioterapi dan Kesehatan Indonesia* (Vol. 03, Issue 01).
- Lacokova-Krasnikova, J., Dimitrov, D., Krasnik, R., Zvekic-Svorcan, J., Kolundzic, M., & Mikov, A. (2020). Low back pain among health workers. *Medicinski Pregled*, 73(7–8), 200–204. <https://doi.org/10.2298/mpns2008200k>
- Laporan Riskesdas.* (2018). <https://repository.badankebijakan.kemkes.go.id/id/eprint/3514/1/Laporan%20Riskesdas%20202018%20Nasional.pdf>
- Limbong, I. R. (2020). *hubungan antara posisi kerja dan frekuensi Frekuensi Angkat Dengan Keluhan Low Back Pain*. Airlangga Univesity.
- Marudin, L., Rustam, R., Alifariki, L. O., & Kusnan, A. (2021). Derajat Merokok Dengan Disabilitas Low Back Pain Pada Tenaga Kerja Bongkar Muat Di Pelabuhan Kota Kendari. *Media Kesehatan Politeknik Kesehatan Makassar*, 16(1), 24. <https://doi.org/10.32382/medkes.v14i2.877>
- Nurhalisa, S. (2022). *Hubungan Pengetahuan dan Sikap dengan Perilaku Pencegahan Low Back Pain (LBP) pada Buruh Angkut Manual Gudang Bulog Subdivre Makassar*. Universitas Hasanuddin.
- Nurkertamanda, D., Nyoman Adiputra, I., Tirtayasa, K., & Putu Gede Adiatmika, I. (2017). Postur Kerja dan Risiko Low Back Pain pada Pekerja Pasiran. *The Indonesian Journal of Ergonomic*, 3(2), 11–16.
- Oktavia, S. (2022). The relationship between individual characteristics and occupational factors to low back pain vomplaints among LPG Agent wrokers at Manggarai subdistrict jakarta in 2020. *Journal of Public Health Research and Community Health Development*, 6, 27–34. <https://doi.org/10.20473/jphrecode.v6i1.21535>
- Prakasa, R. R., & Kurnianigtyas, A. P. (2022). *SPSS untuk Analisis & Perencanaan Kota yang Lebih Baik* (Maya, Ed.). Andi Offset.
- Restuputi, D. P., Masudin, I., Nignrum, I. S., & Septira, A. P. (2022). *Ergonomi Industri Pendekatan Rekayasa Manusia* (1st ed.). Universitas Muhamadiyah Malang.
- Sahara, R., & P. T. (2020). Faktor-Faktor yang Berhubungan dengan Kejadian Low Back Pain (LBP): Systematic Review. *Jurnal Ilmiah Kesehatan*, 19, 92–99. <https://doi.org/10.33221/jikes.v19i03.585>
- Saputra, A. (2020). *Sikap Kerja, Masa Kerja, dan Usia terhadap Keluhan Low Back Pain pada Pengrajin Batik*. <https://doi.org/10.15294/higeia.v4iSpecial%201/36828>

- Sari, V. A. (2020). *Gambaran beberapa faktor yang berhubungan dengan keluhan low back pain pada pekerja kantor di PPSDM MIGAS CEPU*.
- Sugathot, A. I., Agni, A. S., Kumara, M. G., Cristian Abe, A., & Simatupang, S. F. (2022). *Hubungan Faktor Risiko Usia, Gender, Jumlah Kunjungan, Pekerjaan dengan Nyeri Punggung Bawah Neuropati di Poli Fisioterapi Puskesmas Kalasan dalam Rentang Tahun 2020-2021*. 4(1), 2020–2021.
- Sugiyono. (2021). *Metode penelitian kuantitatif, kualitatif, dan R&D* (3rd ed.). Alfabeta.
- Sujono, Raharjo, W., & Fitriangga, A. (2018). Hubungan antara Posisi Kerja terhadap Low Back Pain pada Pekerja Karet Bagian Produksi di PT. X Pontianak. *Jurnal Cerebellum*, 4(2), 1037–1051.
- Suma'mur. (2020). *Higiene Perusahaan Dan Kesehatan Kerja (HIPERKES)*. Sagung Seto.
- Sutajaya, M. (2018). *Ergonomi* (Vol. 1). Rajawali Pers.
- Tarwaka. (2019). *Ergonomi Industri, Dasar-dasar Pengetahuan Ergonomi dan Aplikasi di Tempat Kerja* (2nd ed.). Harapan Press.
- Traeger, A., Buchbinder, R., Harris, I., & Maher, C. (2017). Diagnosis and management of low-back pain in primary care. *SMAJ*, 189(45), E1386–E1395. <https://doi.org/10.1503/cmaj.170527/-DC1>
- Usmiarti, E. (2019). *Gambaran Postur Duduk dan Keluhan Low Back Pain pada Pekerja Bagian Forged di PT Perintis Sarana Pancing Indonesia Tahun 2019*. <http://repositori.usu.ac.id/handle/123456789/24747>
- Wahyuddin. (2016). *Adaptasi Lintas Budaya Modifikasi Kuesioner Disabilitas Untuk Nyeri Punggung Bawah (Modified Owestery low back pain disability Questionnaire/ODI) Versi Indonsesia*.
- Yusmardiansah, Y. (2020). Hubungan antara faktor resiko (usia, masa kerja, beban kerja) dengan low back pain di PT. Tasma Puja Kecamatan Kampa Tahun 2020. *Jurnal Kesehatan Tambusai*, 1, 41–49. <https://doi.org/10.31004/jkt.v1i3.4166>